

# Table of Contents

## Part I Patient Care

<b>1 Life-Long OB/GYN Care for Women</b> . . . . .	3
From Birth to Adolescence . . . . .	4
The Reproductive Years . . . . .	5
Menopause . . . . .	10
<b>2 OB/GYN Examinations and Evaluations</b> . . . . .	15
Definitions . . . . .	15
History . . . . .	16
Physical Examination . . . . .	17
Laboratory Evaluations . . . . .	19
Diagnostic Imaging Procedures . . . . .	21
<b>3 Embryology of the Female Reproductive System</b> . . . . .	25
Definitions . . . . .	25
Genital Embryogenesis . . . . .	25
Anatomy . . . . .	28
<b>4 The Menstrual Cycle and Fertilization</b> . . . . .	31
Definitions . . . . .	31
The Menstrual Cycle . . . . .	32
Fertilization . . . . .	37
<b>5 Genetics and Genomic Applications in OB/GYN Practice</b> . . . . .	41
Definitions . . . . .	41
Impact of Genetics and Genomics on OB/GYN Practice . . . . .	42
Basic Concepts of Genetics . . . . .	42
Types and Mechanisms of Genetic Abnormalities . . . . .	43
Diagnosis and Management . . . . .	50
<b>6 Pap Smear and Human Papilloma Virus Testing</b> . . . . .	57
Pap Smear Terminology . . . . .	57
Types of Pap Smear, Their Sensitivity, and Screening Guidelines . . . . .	59
Human Papilloma Virus DNA Testing . . . . .	61
Management . . . . .	62
<b>7 Genetic Screening and Obstetric Procedures</b> . . . . .	65
Definitions . . . . .	65
Screening Strategies . . . . .	65
Diagnostic Testing . . . . .	68

## Part II Obstetrics

### Section I Normal Obstetrics

<b>8 Maternal–Fetal Physiology</b> . . . . .	75
Maternal Physiology . . . . .	75
Fetal Physiology . . . . .	77
<b>9 Preconception and Antepartum Care</b> . . . . .	81
Definitions . . . . .	81
Preconception Care . . . . .	81
Summary . . . . .	85
Antepartum Care . . . . .	85
Summary . . . . .	87
<b>10 Intrapartum Care and Fetal Surveillance</b> . . . . .	91
Definitions . . . . .	91
Fetal Heart Rate: Normal and Pathologic Patterns . . . . .	92
Other Methods for Intrapartum Fetal Surveillance . . . . .	96
Fetal Metabolic Status Assessment . . . . .	97
Interventions for Altered Heart Rate Patterns . . . . .	97
<b>11 Labor and Delivery</b> . . . . .	99
Labor Physiology . . . . .	99
Mechanics of Labor . . . . .	99
The Fetus . . . . .	101
Cardinal Movements of Labor . . . . .	101
Progress of Labor . . . . .	104
Operative Vaginal Delivery . . . . .	105
<b>12 Immediate and Postpartum Newborn Care</b> . . . . .	107
Definitions . . . . .	107
The Respiratory Transition . . . . .	107
The Circulatory Transition . . . . .	108
The Thermoregulatory Transition . . . . .	108
Newborn Management . . . . .	110
Discharge Procedures . . . . .	113
Managing Neonatal Jaundice . . . . .	113
General Laboratory Evaluation . . . . .	114

### Section II Abnormal Obstetrics

<b>13 Ectopic Pregnancies</b> . . . . .	119
Definition . . . . .	119
Diagnosis . . . . .	119
Prevalence . . . . .	119
Etiology and Pathophysiology . . . . .	119
History . . . . .	120
Treatment Options . . . . .	122

<b>14 Spontaneous Abortion</b> .....	127	<b>20 Premature Rupture of Membranes and Third Trimester Bleeding</b> .....	191
Definitions .....	127	Definitions .....	191
Incidence and Risk Factors .....	128	Diagnosis .....	191
Etiology .....	128	Prevalence and Epidemiology .....	192
Diagnosis .....	129	Etiology and Pathophysiology .....	192
Treatment .....	130	History .....	195
Post-Treatment Evaluation and Counseling ....	131	Physical Examination .....	195
<b>15 Pathological Labor and Delivery</b> .....	135	Laboratory Testing .....	196
Preterm Labor .....	135	Treatment .....	197
Abnormal Labor .....	145	<b>21 Hypertension in Pregnancy</b> .....	203
<b>16 Pre-Eclampsia–Eclampsia Syndrome</b> .....	149	Definition .....	203
Definition and Diagnosis .....	149	Diagnosis .....	204
Prevalence and Epidemiology .....	151	Prevalence and Epidemiology .....	204
Etiology and Pathophysiology .....	151	Etiology and Pathophysiology .....	205
History .....	152	Medical History .....	206
Physical Examination .....	152	Physical Signs .....	206
Laboratory Testing .....	152	Laboratory Studies .....	206
Treatment of Pre-eclampsia .....	153	Treatment .....	207
Treatment of Severe Pre-eclampsia .....	154	Prognosis .....	208
Treatment of Eclampsia .....	155	Special Concerns .....	208
Antihypertensive Therapy .....	155	<b>22 Postpartum Hemorrhage and Infection</b> .....	211
<b>17 Rhesus Isoimmunization</b> .....	159	Definitions .....	211
Definition .....	159	Diagnosis .....	212
Diagnosis .....	159	Prevalence and Epidemiology .....	212
Prevalence and Epidemiology .....	160	Etiology and Risk Factors .....	213
Etiology .....	160	History .....	214
Pathophysiology .....	161	Physical Evaluation .....	214
History .....	161	Management .....	215
Physical Examination .....	162	<b>23 Infectious Diseases in Pregnancy</b> .....	219
Laboratory Testing .....	162	Definitions .....	219
Treatment .....	164	Viral Infections .....	219
<b>18 Multifetal Pregnancy</b> .....	167	Pregnancy in the HIV Era .....	223
Definitions .....	167	Bacterial Infections .....	225
Diagnosis .....	168	Toxoplasmosis .....	229
Prevalence and Epidemiology .....	168	<b>24 Perinatal and Maternal Mortality</b> .....	233
Etiology .....	169	Definitions .....	233
Pathophysiology .....	170	Epidemiology and Etiology .....	233
History .....	171	Management and Prevention .....	235
Laboratory Testing .....	173	<b>25 Psychiatric Issues during and after Pregnancy</b> .....	241
Management .....	173	Family Planning .....	241
Labor and Delivery in Multifetal Births .....	175	Genetics of Psychiatric Disorders .....	242
Triplets .....	178	Risk Factors for the Expectant Mother during Pregnancy .....	242
<b>19 Preterm Birth and Fetal Growth Restrictions</b> .....	179	Risk Factors for the Fetus during Pregnancy ...	242
Preterm Birth .....	179	Postpartum Complications .....	242
Fetal Growth Restriction .....	180	Addressing Psychiatric Issues during Pregnancy	243
Prevalence and Epidemiology .....	181	Postpartum Mood Disorders .....	247
Etiology and Pathophysiology .....	182	<b>26 Other Medical Complications in Pregnancy</b> ..	251
History Taking: Preterm Labor .....	183	Definitions .....	251
History Taking: Fetal Growth Restriction .....	184	Diagnosis .....	252
Physical Examination: Preterm Labor .....	184	Prevalence and Epidemiology .....	254
Physical Examination: Fetal Growth Restriction	185	Etiology and Pathophysiology .....	255
Laboratory Testing: Preterm Labor .....	186	History .....	257
Treatment Options .....	186		



<b>41 Dysmenorrhea: Painful Menstruation</b> . . . . .	397	<b>46 Gestational Trophoblastic Disease:</b>	
Definition . . . . .	397	<b>Molar Pregnancy</b> . . . . .	441
Diagnosis . . . . .	397	Definition . . . . .	441
Prevalence and Epidemiology . . . . .	397	Hydatidiform Mole . . . . .	441
Etiology . . . . .	398	Malignant Disease: Gestational	
History . . . . .	398	Trophoblastic Neoplasia . . . . .	444
Physical Examination and Laboratory Studies . .	399	<b>47 Vulvar and Vaginal Lesions</b> . . . . .	447
Treatment . . . . .	399	Types of Lesion . . . . .	447
Treatment Failure . . . . .	402	<b>48 Cervical Neoplasia and Cancer</b> . . . . .	453
<b>42 Infertility</b> . . . . .	403	Cervical Neoplasia . . . . .	453
Definition . . . . .	403	Cervical Cancer . . . . .	457
Causes . . . . .	403	<b>49 Uterine Leiomyomas</b> . . . . .	461
Diagnostic Tests . . . . .	404	Etiology . . . . .	461
Treatment . . . . .	406	Epidemiology . . . . .	461
Lifestyle Changes to Improve Fertility		Symptoms . . . . .	462
and Pregnancy Outcome . . . . .	409	Diagnosis . . . . .	462
Assisted Reproductive Technology . . . . .	409	Treatment for Uterine Fibroids . . . . .	462
Ovarian Hyperstimulation Syndrome . . . . .	410	Uterine Sarcomas . . . . .	467
Adoption . . . . .	411	<b>50 Endometrial Cancer</b> . . . . .	471
Psychosocial Aspects . . . . .	411	Definition . . . . .	471
Social and Ethical Issues . . . . .	411	Etiology . . . . .	472
<b>43 Premenstrual Syndrome</b> . . . . .	415	Epidemiology . . . . .	472
Definition . . . . .	415	Prevention . . . . .	472
Diagnosis . . . . .	415	History . . . . .	472
Prevalence and Epidemiology . . . . .	416	Physical Examination . . . . .	472
Etiology . . . . .	416	Diagnosis . . . . .	472
History . . . . .	416	Screening . . . . .	473
Physical Examination and Laboratory Studies . .	417	Staging and Surgical Treatment . . . . .	473
Treatment . . . . .	417	Adjuvant Treatment . . . . .	474
<b>44 Perimenopause, Menopause,</b>		Post-treatment Follow-up . . . . .	474
<b>and Postmenopause: Consequences</b>		Uterine Sarcoma . . . . .	474
<b>of Ovarian Reproductive Aging</b> . . . . .	421	<b>51 Ovarian and Fallopian Tube Cysts</b>	
Definition and Diagnosis . . . . .	421	<b>and Tumors</b> . . . . .	477
Etiology and Epidemiology . . . . .	423	Ovarian Tumors . . . . .	477
Physiology of Ovarian Aging . . . . .	423	Fallopian Tube and Mesosalpingeal Cysts . . . . .	483
Clinical Presentation . . . . .	425	Fallopian Tube Cancer . . . . .	483
Premature (Primary) Ovarian Failure . . . . .	426		
Surgical Menopause . . . . .	427		
Treatment . . . . .	427		
The Future of Hormone Therapy . . . . .	429		
		<b>Part VI Human Sexuality</b>	
<b>Part V Gynecologic Oncology</b>		<b>52 Sexuality</b> . . . . .	487
<b>45 The Biology of Cancer</b> . . . . .	435	Sexual Identity . . . . .	487
Cervical Cancer is Caused by the Human		Sexual Response in Men and Women . . . . .	487
Papilloma Virus . . . . .	435	Sexual Dysfunction in the General Population . .	488
Endometrial Cancer is Caused by Unopposed		The Sexual History . . . . .	488
Estrogen Stimulation . . . . .	436	Common Sexual Problems in Women . . . . .	489
Endometrial and Ovarian Cancers are		Treatment of Female Sexual Dysfunction . . . . .	491
Caused by Germ-Line Mutations in DNA		Adolescent Sexuality . . . . .	492
Mismatch Repair Genes . . . . .	436	Postpartum Sexual Dysfunction . . . . .	492
Breast and Ovarian Cancers can be Caused		Sexuality in Chronic Illness . . . . .	492
by Mutations in BRCA1 and BRCA2 . . . . .	437	Sexuality in Older Adults . . . . .	492
Evolving Issues in Cancer Biology . . . . .	437	<b>53 Domestic Violence and Sexual Assault</b> . . . . .	495
		Domestic Violence . . . . .	495
		Sexual Assault . . . . .	496

<b>Part VII Professional Behavior, Ethics, and Legality</b>		
<b>54 Medical Economics and Social Issues</b>	501	
Population Health Promotes Economic Growth and Stability	501	
Health Economics Issues in Developed Countries	501	
Health Economics Issues in Countries with Rapidly Growing Economies	505	
Health Economics Issues in Developing and Poor Countries	505	
<b>55 Provider–Patient Communications and Interactions</b>	507	
Core Values	507	
Provider–Patient Communications	508	
Special Challenges in the Provider–Patient Relationship	513	
Physician–Physician Interactions	515	
<b>56 Clinical Ethics in Obstetrics and Gynecology</b>	517	
Medical Ethics	517	
Ethical Dilemmas in Obstetrics: the Fetus as Patient	519	
Ethical Dilemmas in Obstetrics: the Neonate as Patient	522	
Ethical Dilemmas in Gynecology	522	
General Guidelines for Making Ethical Decisions	524	
<b>57 Legal Issues in Obstetrics and Gynecology</b>	527	
Licensure, Certification, Credentialing, and Privileges	528	
Standard of Care	528	
Adverse Outcomes	528	
Informed Consent	529	
Risk Management	530	
Elements of Medical Negligence	530	
Common Areas of Increased Liability Risk	530	
Special Legal Provisions in the United States	531	
<b>Index</b>	533	